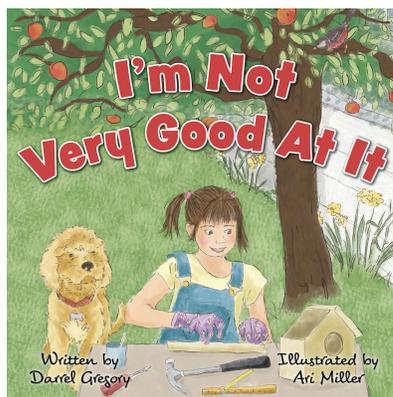
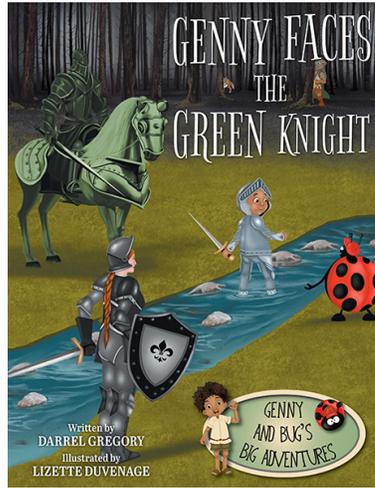


Class Readings with Children’s Author Darrel Gregory

Since his books were published in January, 2021, Darrel has done ten class readings. As with most things during the pandemic, it’s often difficult to plan and coordinate readings. A few of the teachers have provided reviews on Amazon describing the experience. The reviews can be found by searching Darrel Gregory on Amazon.ca and Amazon.com.



Synopsis	Themes	Grades	Exercises & Discussion topics
<p>A little girl is the victim of too much thinking. As is often the case, the thinking is not very constructive. Moreover, it’s often unsolicited; it just ‘butts in.’</p> <p>The hero in this story realizes that there is joy in each task, regardless of the outcome. There is joy in the “trying.” She also learns that her brain – thinking – is still required. How else would she know that she doesn’t like broccoli?</p>	<p>Growth mindset</p> <p>Mindfulness</p> <p>Recognizing negative thoughts</p>	<p>Ideal for grades 1 - 3</p> <p>Reading time: 7 minutes</p> <p>Approximate time with discussion and Q&A: 30 - 40 minutes</p>	<p>Students are invited to share an experience when they tried something new. What did they think and feel about it before they tried it? Did their brains tell them that they might fail? What happened? Did they try the new task or was it too scary? What was the result?</p> <p>Related themes are also covered, such as identifying helpers who can provide guidance and support, and how can we help others when they feel afraid to try something.</p> <p>Students are invited to ask the author questions.</p>



Synopsis	Themes	Grades	Exercises & Discussion topics
<p>An adventure of courage, resilience, and self-confidence, Genny Faces the Green Knight features a young African Canadian girl named Genny and her sidekick, Bug, who embark on heroic adventures together.</p> <p>Using her imagination, Genny transports from the magic tunnel in her bedroom to Arthurian times, where she meets Queen Guinevere, who calls for help to stop the Green Knight from frightening her people. Although Genny valiantly steps up to battle the Green Knight, she is unsure of her ability to succeed.</p>	<p>Resilience</p> <p>Empathy</p> <p>Emotion regulation</p> <p>Ritual</p>	<p>Ideal for grades 3 - 6</p> <p>Reading time: 22 minutes</p> <p>Approximate time with discussion and Q&A: 45 minutes</p>	<p>How does Genny deal with potentially fearful situations?</p> <p>Does Genny express what she's feeling or does she keep her feelings to herself?</p> <p>Why does Genny tell Queen Guinevere that she doesn't want her help?</p> <p>Genny has a ritual of preparing her backpack. What would you put in your own imaginary backpack to help you deal with stressful situations and emotions?</p> <p>Does Genny want to help Queen Guinevere or does she stand back and watch what happens?</p> <p>Students are invited to ask the author questions.</p>